

# Gurukul Educational And Research Institute

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## **Certificate Course in Child Care Assistance & Early Childhood Support**

- Duration : 6 Months
- Eligibility 10th / 12th Pass
- Course Type : Vocational / Healthcare & Early
- Childhood Support



### **Course Objectives**

#### **Students will:**

- Understand child growth & development
- Assist teachers in preschool/daycare
- Maintain child hygiene & safety
- Support learning activities
- Handle basic first aid
- Communicate effectively with parents



### **Course Structure**



#### **Module 1: Introduction to Child Care (Month 1)**

#### **Topics:**

- Role of Child Care Assistant
- Importance of early childhood care
- Types of childcare centers
- Professional ethics

## Activities:

- Observation of day
- care set up
- Understanding daily routine
- planning



## Module 2: Child Growth & Development (Month 2)

### Topics:

- Physical development stages
- Emotional & social development
- Cognitive development
- Behavior management basics
- Special needs awareness

### Activities:

- Case discussions
- Growth chart understanding



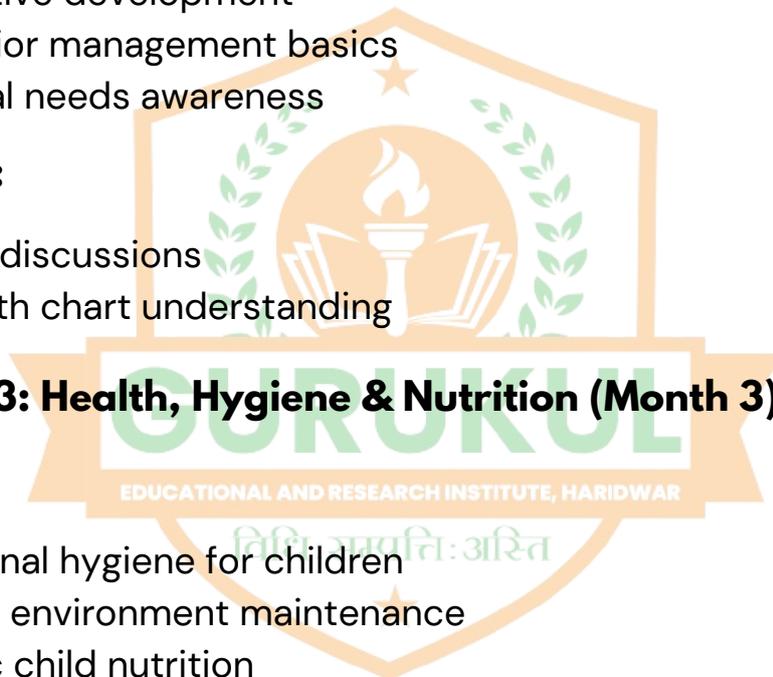
## Module 3: Health, Hygiene & Nutrition (Month 3)

### Topics:

- Personal hygiene for children
- Clean environment maintenance
- Basic child nutrition
- Common childhood illnesses
- Vaccination awareness

### Practical:

- Preparing healthy snack plan
- Maintaining hygiene checklist





## Module 4: Safety & First Aid (Month 4)

### Topics:

- Basic first aid
- Handling minor injuries
- Emergency response
- Fire safety Child
- protection & safeguarding

### Practical:

- CPR basics (demonstration)
- Emergency drill



## Module 5: Supporting Learning Activities (Month 5)

### Topics:

- Assisting in classroom activities
- Storytelling
- Art & craft
- Support Play-based learning
- Record keeping

### Activities:

- Activity planning
- Story narration practice
- Classroom support role-play



## Module 6 : Professional Development & Internship (Month 6)

### Topics:

- Communication with parents
- Workplace behavior
- Documentation basics
- Career opportunities
- Ethics & responsibilities



## Activities:

- Internship in daycare/preschool
- Teaching assistance practice
- Final practical demonstration



## Infrastructure Required

- Classroom with child-friendly environment
- Basic first aid kit
- Activity materials (toys, charts, storybooks)
- Internship tie-up with preschool/daycare



## Learning Outcomes

After completion, students will:

- Assist in preschool or daycare centers
- Maintain hygiene & safety standards
- Support children's learning & development
- Handle minor emergencies
- Communicate effectively with teachers & parents

